

{ how many diapers do i need? }

The Real Diaper Industry Association compiled answers to frequently asked questions from people who want to start cloth diapering. This sheet is based upon their answers.

The average baby urinates 10-12 times a day. One may go three times every hour and another only every 4-6 hours, so there can be great variation. You should change a cloth diaper every time your baby wets or soils the diaper. Twelve diapers a day will work for most small babies, and toddlers will need fewer diapers as they gain bladder control.

In general, decide how many days you want between washes and multiply that number by 12. For example, if you plan to wash every 3 days, you will need approximately 36 diapers. If you are using a separate waterproof cover, which don't require washing after every use, you should have one cover for every 4-8 diapers.

infant
washing every 3 days

36

plus 5-9

fitted diaper flatfold prefold any diaper cover

or

36

all in one (AIO) pocket diaper

reminders!

don't forget your diaper pins or snappis if using flatfolds or prefolds

remember to buy something to store dirty diapers in!

if using pockets, you will need to buy inserts

toddlers use less diapers than newborns, so you can adjust your purchase based on how many diapers you change now